

SPINE AND WELLNESS CINCINNATI

CONFIDENTIAL PATIENT CASE HISTORY

PATIENT INFORMATION

Today's Date _____ Social Security # _____ Date of Birth _____ Age _____

Name _____ Home Phone _____

Address _____ Cell Phone _____

City _____ State _____ Zip _____ Work Phone _____

Email _____ Sex Male Female

Marital Status **M S W D**

Height _____ ' _____ " Weight _____ lbs No. of Children _____ Ages _____

Occupation _____ Employer _____

Spouse Name _____ Spouse Occupation _____

Primary Care Physician _____ Phone _____

How were you referred to our office? _____ Have you had chiropractic care before? **Y/N**

If minor, name of parent of guardian _____

Who should we contact in case of emergency? _____

CURRENT COMPLAINTS

1. Please **circle** all that apply: **NECK / MID BACK / SHOULDERS / LOW BACK / ARMS / LEG / KNEE HEADACHES / NUMBNESS / WEAKNESS**
- Other Complaints: _____
2. How long have you had this condition? _____ Have you had this condition in the past? **Y/N**
3. Activities that are affected: **Work** **Sitting** **Caring for myself/family** **Walking** **Bending**
 Driving **Sleeping** **Computer Work** **Stairs** **Housework**
4. Rate your **Pain / Dysfunction**: (LEAST) **1 2 3 4 5 6 7 8 9 10** (MOST)
5. Is this condition progressively getting worse? **Yes / No / Same**
6. How long has it been since you've really felt good? _____
7. Other Doctors you have seen for this condition: _____
8. List treatment, procedures, surgeries for this condition: _____
9. Have you had any of the following for this condition: MRI / CT scan / XRays / Injections
10. Has any other treatment helped? If so, what treatment? _____
11. What medications are you taking? _____
12. Is this condition due to an accident? If so, what type? _____
13. Have you been involved in an automobile accident within the Last year Five years Never
14. Date of last physical examination: _____ Doctor's Name: _____

HEALTH HISTORY (Check if current or in the past)

- | | | |
|--|---|--------------------------------------|
| <input type="checkbox"/> FREQUENT HEADACHES | <input type="checkbox"/> FAINTING/SEIZURES/EPILEPSY | <input type="checkbox"/> INSULIN |
| <input type="checkbox"/> FREQUENT NECK PAIN | <input type="checkbox"/> DIABETES | <input type="checkbox"/> CANCER |
| <input type="checkbox"/> LOWER BACK PROBLEMS | <input type="checkbox"/> MITRAL VALVE PROLAPSE | <input type="checkbox"/> ANEMIA |
| <input type="checkbox"/> DISC PROBLEMS NECK/LOW BACK | <input type="checkbox"/> HEART SURGERY | <input type="checkbox"/> SHINGLES |
| <input type="checkbox"/> WHIPLASH | <input type="checkbox"/> PACEMAKER | <input type="checkbox"/> HIV/AIDS |
| <input type="checkbox"/> NUMBNESS/TINGLING ARMS/LEGS | <input type="checkbox"/> HEART MURMUR | <input type="checkbox"/> HEPATITIS |
| <input type="checkbox"/> SCOLIOSIS | <input type="checkbox"/> EMPHYSEMA | <input type="checkbox"/> ASTHMA |
| <input type="checkbox"/> ARTHRITIS | <input type="checkbox"/> PSYCHIATRIC PROBLEMS | <input type="checkbox"/> NEUROPATHY |
| <input type="checkbox"/> HEART ATTACK OR STROKE | <input type="checkbox"/> KIDNEY PROBLEMS | <input type="checkbox"/> OTHER _____ |
| <input type="checkbox"/> CONGENITAL HEART DEFECT | <input type="checkbox"/> SINUS PROBLEMS | |
| <input type="checkbox"/> ALCOHOL/DRUG ABUSE | <input type="checkbox"/> DIFFICULTY BREATHING | |
| <input type="checkbox"/> RHEUMATIC FEVER | <input type="checkbox"/> TUBERCULOSIS | |
| <input type="checkbox"/> HIGH/LOW BLOOD PRESSURE | <input type="checkbox"/> VENERAL DISEASE | |
| <input type="checkbox"/> ARTIFICIAL VALVES | <input type="checkbox"/> ULCERS/COLINITIS | |
| <input type="checkbox"/> ARTIFICIAL BONES/JOINTS | <input type="checkbox"/> IRRITABLE BOWELS | |

FAMILY HISTORY

- | | | |
|--|--|------------------------------------|
| <input type="checkbox"/> HEART DISEASE | <input type="checkbox"/> HIGH BLOOD PRESSURE | <input type="checkbox"/> STROKE |
| <input type="checkbox"/> CANCER | <input type="checkbox"/> DIABETES | <input type="checkbox"/> SCOLIOSIS |
| <input type="checkbox"/> OSTEOPOROSIS | <input type="checkbox"/> OTHER _____ | |

ALLERGIES: Please list:

SURGICAL HISTORY: List surgeries and year performed:

SOCIAL HISTORY : Do you smoke? Yes No In the Past Alcohol use? Yes No

WOMEN ONLY Are you pregnant? Yes No Are you nursing? Yes No

IMPORTANT INSURANCE INFORMATION

Is your condition due to an auto accident, job related injury or any form of accident? Yes No

Do you have health insurance? Yes No

_____ Insurance Company Name

_____ Policy #

Are you covered by Medicare? Yes No

_____ Medicare #

_____ Secondary Ins.

How will your first visit be paid?

Check Cash Visa/MasterCard

Patient or Legal Guardian Signature _____

Date _____

ASSIGNMENT OF INSURANCE BENEFITS

Patient Name: _____

I hereby authorize payment to be made directly to **Spine and Wellness Cincinnati**, of all benefits which may be due and payable under insurance coverage for the above named Patient. I authorize utilization of this application of copies thereof for the purpose of processing claims and effecting payments. I further acknowledge that this assignment of benefits does not in any way relieve me of liability and that I will remain financially responsible to **Spine and Wellness Cincinnati**.

Furthermore, I hereby **IRREVOCABLY ASSIGN** to **Spine and Wellness Cincinnati**, the rights and benefits under any policy of insurance, indemnity agreement, or any other collateral source as defined in the state Ohio Statutes for any service and or charges provided by **Spine and Wellness Cincinnati**.

Patient or Authorized Signature X

Date

FINANCIAL POLICY

I understand that I am fully responsible for payment of all charges, including but not limited to, deductibles and copayments related to my care. I understand that my balance should **not exceed \$200.00** at any given time; **Spine and Wellness Cincinnati** does not mail monthly statements to patients. If my balance is not paid in a monthly or timely fashion, I promise to pay any and all collections, court and attorney's fees in the collection of my account. I further understand that if my Insurance Company or Medicare declines payment, or does not pay services within 45 days of the date rendered, I will pay upon notice, to **Spine and Wellness Cincinnati** balance due upon my account.

Patient or Authorized Signature X

Date

RECEIPT OF NOTICE OF PRIVACY PRACTICES WRITTEN ACKNOWLEDGEMENT FORM

I, _____ have read a copy of **Spine and Wellness Cincinnati's** notice of **Patient Privacy Practices**.

The patient understands and agrees to allow this chiropractic office to use their **Patient Health Information** for the purpose of treatment, payment, healthcare operations and coordination of care. We want you to know how your Patient Health Information is going to be used in this office and your rights concerning those records. If you would like to have a more detailed account of our policies and procedures concerning the **privacy of your Patient Health Information**, we encourage you to read the **HIPAA NOTICE** that is available to you at the front desk before signing this consent. The following person(s) have my permission to receive my personal health information: _____

Patient or Authorized Signature X

Date

AUTHORIZATION TO RELEASE MEDICAL RECORD INFORMATION

AUTHORIZATION AND RELEASE: I authorize payment of insurance benefits directly to **Spine and Wellness Cincinnati**. I authorize the doctor to release all information necessary to communicate with personal physicians and other healthcare providers and payors and to secure payment of benefits. I understand that I am responsible for all costs of care, regardless of insurance coverage. I also understand that if I suspend or terminate my schedule of care as determined by my treating doctor, any fees for professional services will be immediately due and payable.

In addition, I have read and agree to the above **Assignments, Financial Policies, Notices, Releases and Consent forms and acknowledge Spine and Wellness Cincinnati does NOT accept or participate in any HMO's.**

The undersigned certifies that he/she has read and understands each of the above paragraphs and is the patient or responsible party with the power to execute this document and accept these terms.

Patient or Authorized Signature X

Date

SPINE AND WELLNESS CINCINNATI

Patient Name _____ Date _____

PATIENT INFORMED CONSENT

Before you receive care as a patient of Spine and Wellness Cincinnati, it is important that you read this Consent and understand the nature of treatment. Spine and Wellness Cincinnati utilizes a multidisciplinary approach to health and wellness. Treatment usually involves a blend of laser therapy, acupuncture, herbal medicine, and manual medicine. To understand the risk associated with care, you need to understand these unique modalities.

Laser Therapy is a non-surgical application of laser light. Unlike most other forms of therapy, laser therapy is classified “actinotherapy” as it results in a chemical/metabolic change of the involved tissues. Thus, laser therapy can relieve pain, decrease inflammation, accelerate tissue healing (biostimulation), increase blood flow and decrease tissue swelling.

Like all forms of medical treatment, there are associate risks as well as benefits. Laser exposure to the eyes during the procedure may result in damage of the retina. Under certain situations a superficial burn of the skin could occur. This is based upon skin pigmentation, skin discolorations (i.e. tattoos), or the use of topical creams, lotions or analgesic balms. To prevent adverse reactions to laser therapy, all patients must adhere to the guidelines for care supplied separately.

"Acupuncture" means a form of health care performed by the insertion and removal of specialized needles, with or without the use of supplemental techniques, to specific areas of the human body. *See Ohio Statute 4762.*

Manual medicine (or chiropractic care) involves the adjustment, manipulation and treatment of your body in which vertebral subluxations and other malpositioned articulations may be interfering with the normal generation, transmission and expression of nerve impulse between the brain, organs and tissue cells, thereby causing disease. Chiropractic adjustments, manipulations, and treatments are intended to restore the normal flow of nerve impulse which produces normal function and consequent health.

“Chiropractic physicians” examine, analyze, and diagnose the human living body and its disease by use of (a) any physical, chemical, electrical or thermal methods, (b) x-ray for diagnosing, (c) blood tests and (d) other chiropractic methods. *See Ohio Statute 4734.01.*

The undersigned Patient understands and acknowledges that there are risks associated with the application of laser chiropractic medicine, chiropractic care, acupuncture, therapy including, but not limited to ataxia, bruising, thermal injuries, dislocations/subluxations, dizziness, fracture(s), mobility disruption, paralysis, pneumothorax, spinal injury, stroke, vision disturbances and others. The most common side effect following any treatment is an ache or stiffness at the site of the treatment.

I, hereby give authorization for **consent of treatment to Spine and Wellness Cincinnati** and whomever they may designate as their assistants to perform and administer therapy and treatment as they deem necessary.

I, the undersigned Patient, understand the risks and limitations associated with treatment at Laser Pain Center and applicati on of therapeutic modalities such as Laser, heat, ice, ultrasound, traction, muscle stimulation, acupuncture, herbal medicine, chiropractic and others treatments by **Spine and Wellness Cincinnati**. **All my questions have been answered in detail and I fully understand and certify that no guarantee or assurances have been made to the results or outcome from treatment that may or will be rendered.**

Patient or Authorized Signature X

Date

SPINE AND WELLNESS CINCINNATI

ASSESSMENT OF ACTIVITIES OF DAILY LIVING

Patient Name _____ Date _____

Standing

- Able to stand as long as desired without pain
- Able to stand for 60 minutes without pain
- Able to stand for 45 minutes without pain
- Able to stand for 30 minutes without pain
- Able to stand for 25 minutes without pain
- Able to stand for 15 minutes without pain
- Able to stand for 10 minutes without pain
- Able to stand for 5 minutes without pain
- Unable to stand at all due to pain

Bending

- Able to bend as far as would like without pain
- Able to bend 80 degrees without pain
- Able to bend 70 degrees without pain
- Able to bend 60 degrees without pain
- Able to bend 50 degrees without pain
- Able to bend 40 degrees without pain
- Able to bend 30 degrees without pain
- Able to bend 20 degrees without pain
- Able to bend 10 degrees without pain
- Unable to bend at all due to pain

Driving

- Able to drive when necessary without pain
- Able to drive for 120 minutes without pain
- Able to drive for 90 minutes without pain
- Able to drive for 60 minutes without pain
- Able to drive for 45 minutes without pain
- Able to drive for 30 minutes without pain
- Able to drive for 20 minutes without pain
- Able to drive for 10 minutes without pain
- Unable to drive at all due to pain

Walking

- Able to walk as far as desired without pain
- Able to walk 2-3 miles without pain
- Able to walk 1 mile without pain
- Able to walk 1/2 mile without pain
- Able to walk 1/4 mile without pain
- Able to walk 1 block without pain
- Able to walk 100 feet without pain
- Able to walk 50 feet without pain
- Unable to walk at all due to pain

Picking up Objects

- Able to pick up heavy objects without pain
- Able to pick up 45 pounds without pain
- Able to pick up 35 pounds without pain
- Able to pick up 25 pounds without pain
- Able to pick up 20 pounds without pain
- Able to pick up 15 pounds without pain
- Able to pick up 10 pounds without pain
- Able to pick up 5 pounds without pain
- Unable to lift anything due to pain

Sitting

- Able to sit without pain
- Able to sit 8 hours without pain
- Able to sit 7 hours without pain
- Able to sit 6 hours without pain
- Able to sit 5 hours without pain
- Able to sit 4 hours without pain
- Able to sit 3 hours without pain
- Able to sit 2 hours without pain
- Able to sit 1 hour without pain
- Able to sit 30 minutes without pain
- Unable to sit at all due to pain

Housework

- Able to do housework 90 minutes without pain
- Able to do housework 80 minutes without pain
- Able to do housework 70 minutes without pain
- Able to do housework 60 minutes without pain
- Able to do housework 50 minutes without pain
- Able to do housework 40 minutes without pain
- Able to do housework 30 minutes without pain
- Able to do housework 20 minutes without pain
- Able to do housework 10 minutes without pain
- Unable to do housework at all due to pain

Headaches

- Having no headaches
- Having 2 headaches per month
- Having 1 headache per month
- Having 1 headache per day
- Having 5 headaches per week
- Having 3-4 headaches per week
- Having 1-2 headaches per week
- Having constant headaches

Opening Jars

- Able to open any jar without pain
- Able to open very tight jars without pain
- Able to open medium tight jars without pain
- Able to open lightly closed jars without pain
- Unable to open any jar due to pain

Lying Down

- Able to lay as long as would like without pain
- Able to lay for 120 minutes without pain
- Able to lay for 90 minutes without pain
- Able to lay for 60 minutes without pain
- Able to lay for 30 minutes without pain
- Able to lay for 20 minutes without pain
- Able to lay for 10 minutes without pain
- Unable to lay at all without pain

Patient Signature _____

Physician Signature _____

REVIEW OF SYSTEMS - SPINE AND WELLNESS CINCINNATI

Do you have: (please check all that apply):

Constitutional:

Fevers Weight loss Difficulty sleeping Tiredness or fatigue Chills Night sweats None

Eyes:

Flashing lights or "stars" Blind spots Double vision None

Ears, Nose, Throat, Mouth:

Earache or discharge Ringing in ears Difficulty hearing Nose bleeds Sinusitis Hoarseness
 Sores in mouth Sore throats None

Cardiovascular:

Chest pain Squeezing or tightness in chest Angina Need to sleep with head of the bed elevated
 Cramps in buttocks, thighs or calves when walking Shortness of breath at rest or walking/climbing
 Palpitations or fluttering heart Poor circulation Gangrene Swelling of hands, face, legs or feet
 High cholesterol None

Respiratory:

Cough Sputum production Coughing up blood Pleurisy Wheezing Asthma None

Gastrointestinal:

Nausea or vomiting Diarrhea Constipation Abdominal pain Vomiting of blood Very dark or light stool
 Jaundice Liver or gall bladder problems Colitis or other bowel problems Bleeding from rectum
 Ulcer None

Genitourinary:

Blood in urine or very dark urine Get up at night to urinate Burning with urination Unusual urgency to urinate
 Difficulty in getting urine stream started Kidney stones Prostate problems Bladder problems
 Albumin or protein in urine Pus in urine Infection in urine Large amounts of urine or very frequent urination None

Musculoskeletal:

Low back pain Neck pain Muscle ache Joint pain Mid back pain Shoulder/arm pain Hip/leg pain
 Arthritis None

Neurological:

Headaches Drooping of face Loss of strength in hands, arms, legs, feet Numbness/tingling
 Seizures Loss of consciousness Dizziness Fainting spells None

Skin:

Rashes Skin ulcers Nodules on skin None

Emotional/Psychiatric:

Depression Anxiety Psychiatric problems None

Endocrine:

Enlarged thyroid Sweating Diabetes Excess thirst Change in appetite Feeling unusually hot or cold
 Flushing Abnormal menses Post-menopausal None

Hematologic/Lymphatic/Oncologic:

Anemia Iron deficiency Enlarged lymph glands Easy bruising Cancer None

Allergic/Immunologic:

Hay fever Seasonal allergies Other _____ None

Patient Signature

Date

Physician Signature